
















**INTER REGIONAL SPORTS EVENT RESULT**








<b>Race-100m -Male</b>	First	Rakesh Poswal	Office Asst	12:05 sec	Palwal	
	Second	Rohit		12:46 sec	Rewari	
	Third	Vikas	Office Asst	12:89 sec	Panipat	
<b>Race-100m - Female</b>	First	Shweta Dhanda	Asst Manager	15:52 sec	Ambala	
	Second	Urvashi	Office Attendant	16:05 sec	Panipat	
	Third	Meenakshi Rathi	Office Asst	17:76 sec	HO	
<b>Race-200m -Male</b>	First	Rakesh Poswal	Office Asst	26:89 sec	Palwal	








	Second	Rohit		28:11 sec	Rewari	
	Third	Vikas Singh	Asst Manager	29:39 sec	Hisar	
<b>Race-200m - Female</b>	First	Aditi Walia	Office Asst	39:34 sec	Ambala	
	Second	Seema Rani	Office Asst	44:03 sec	Panipat	
	Third	Mosbeena	Manager	53:43 sec	HO	
<b>Race-400m Relay-Male</b>	First	Amit, Aman, Anil & Harvinder		57:32 sec	Rohtak	
	Second	Sandeep Ghanghas, Sunil Kumar, Satish Sharma & Manbhar	Manager Asst Manager Sr. Manager Office Asst	58.25 sec	Bhiwani	

	Third	Pawan Kumar Tejpal Mohit Rana Kuldeep Kumar	Asst Manager Office Asst Office Asst Office Asst	59:91 sec	Nuh	
<b>Race-100m Relay-Female</b>	First	Shweta Dhanda Deepshikha Kumari Anita Aditi Walia	Asst Manager Asst Manager Office Asst Office Asst	1.18:52 m	Ambala	
<b>Race-100m Relay-Female</b>	Second	Mosbeena Sony goyal Sonam Meenakshi Rathi	Manager Asst Manager Asst Manager Office Asst	1.26:44 m	HO	
<b>Race-100m Relay-Female</b>	Third	Urvashi Seema Shilpi Deepa Asija(Gurugram)		1.33:10 m	Panipat	
<b>Javelin Throw -Male</b>	First	Amit		36.65M	Rohtak	
	Second	Vijay Chauhan	Asst Manager	31.12 M	Ambala	

	Third	Gopal Chauhan	Asst Manager	30.15 M	Rewari	
<b>Javelin Throw -Female</b>	First	Mosbeena	Manager	8.32 M	HO	
	Second	Aditi Walia	Office Asst	7.48 M	Ambala	
	Third	Shilpi	Office Asst	6.72 M	Panipat	
<b>DiscussThrow -Male</b>	First	Gopal Chauhan	Asst Manager	24.83 M	Rewari	
	Second	Vijay Kumar	Asst Manager	22.90 M	Ambala	
	Third	Pramod Kumar	Manager	22.60 M	Hisar	

<b>Discuss Throw -Female</b>	First	Shilpi	Office Asst	13.07 M	Panipat	
	Second	Priyanka	Asst Manager	11.94 M	Rohtak	
	Third	Mosbeena	Manager	9.45 M	HO	
<b>Badminton -Male</b>	First	Manish Joshi	Asst Manager		Ambala	
	Second	Yogender Punia	Office Asst		Fatehabad	
	Third	Naveen Gulati	Manager		HO	
<b>Badminton -Female</b>	First	Shweta	Asst Manager		HO	

	Second	Aditi Walia	Office Asst		Ambala	
	Third	Barkha Sharma	Asst Manager		Rohtak	
<b>Shotput -Male</b>	First	Gopal Chauhan	Asst Manager	9.30 M	Rewari	
	Second	Rakesh Poswal	Office Asst	8.88 sec	Palwal	
	Third	Kailash		7.80 M	Fatehabad	
<b>Shotput -Female</b>	First	Sony goyal	Asst Manager	5.64 M	HO	
	Second	Shilpi	Office Asst	5.59 M	Panipat	

	Third	Rekha Mahla	Manager	4.41 M	Rohtak	
Chess -	First	Ravikant	Asst Manager		Hisar	
	Second	Anirudh Malik	Asst Manager		Palwal	
	Third	Pradeep Punia			Rewari	
Table Tennis	First	Kirty Kumar	Manager		Fatehabad	
	Second	Vijay Chauhan	Asst Manager		Ambala	
	Third	Nitesh Mittal	Asst Manager		Nuh	

<b>Carrom</b>	First	Mihir Kumar Jha	Manager		HO	
	Second	Nitin	Office Asst		Nuh	
	Third	Deepak Kumar	Office Asst		Gurugram	
<b>Hammer Throw</b>	First	Jitender Gill	Asst Manager	41.17 M	Bhiwani	
	Second	Gopal Chauhan	Asst Manager	28.90 M	Rewari	
	Third	Vijay Kumar	Asst Manager	27.45 M	Ambala	